



Resources for School Personnel: Organizations

The following organizations provide information and materials on eating disorders. The materials cover a range of topics, including body image; healthy eating; and eating disorders prevention, detection, and treatment.

The National Women's Health Information Center (NWHIC)

Telephone: (800) 994-WOMAN
Web sites: www.4woman.gov
www.4girls.gov

NWHIC is a project of the U.S. Department of Health and Human Services Office on Women's Health. Its Web site provides information on women's health issues and is designed for consumers, health care professionals, researchers, educators, and students. Information on body image, eating disorders, nutrition, exercise, and other related topics can be obtained by clicking on Body Image, under the "Special Sections" heading.

Girl Power!

Telephone: (800) 729-6686
Web site: www.girlpower.gov

Girl Power!, a national public education campaign sponsored by the U.S. Department of Health and Human Services, encourages and empowers young girls ages 9 to 13 to make the most of their lives. Girls ages 8 and 9 typically have very strong attitudes about their health. Girl Power! seeks to reinforce and sustain these positive values as they grow older by targeting health messages to their unique needs, interests, and challenges.

National Eating Disorders Association (NEDA)

603 Stewart Street, Suite 803
Seattle, WA 98101
Telephone: (206) 382-3587
Toll-free Information and Referral HelpLine:
(800) 931-2237
Web site: www.nationaleatingdisorders.org

Created by a merger of Eating Disorders Awareness & Prevention (EDAP), American Anorexia Bulimia Association (AABA), and other eating disorder organizations, the National Eating Disorders Association (NEDA) is the largest eating disorders prevention and advocacy organization in the world. NEDA works to prevent eating disorders and provide treatment referrals to those suffering from anorexia, bulimia, and binge eating disorder and those concerned with body image and weight issues. To achieve its mission, NEDA develops prevention programs for a wide range of audiences; publishes and distributes educational materials; coordinates the annual national Eating Disorders Awareness Week (EDAW); conducts an annual conference for families affected by eating disorders, educators, advocates, and health care providers; and operates a toll-free eating disorders information and referral helpline.

National Association of Anorexia Nervosa and Associated Disorders (ANAD)

P.O. Box 7
Highland Park, Illinois 60035
Telephone Hotline: (847) 831-3438
Internet Hotline: anad20@aol.com
Web site: www.anad.org

ANAD is a nonprofit organization that helps eating disorder victims and their families. It provides hotline counseling, a national network of free support groups, referrals to health care professionals, and education and prevention programs to promote self-acceptance and healthy lifestyles. All of its services are free of charge. ANAD also lobbies for state and national health insurance parity, undertakes and encourages research, fights dangerous advertising, and organizes advocacy campaigns to protect potential victims of eating disorders.



Harvard Eating Disorders Center (HEDC)

WACC 725
15 Parkman Street
Boston, MA. 02114
Telephone: (617) 236-7766
Web site: www.hedc.org

HEDC is a national nonprofit organization (affiliated with the Harvard Medical School) dedicated to research and education on eating disorders, as well as prevention and treatment. HEDC develops educational curricula and offers professional education for school personnel. It also sponsors public education forums on topics such as culture and the media. The center is committed to professional development and continuing education for health professionals.

Massachusetts Eating Disorder Association, Inc. (MEDA)

92 Pearl Street, Newton, Massachusetts 02458
Telephone: (617) 558-1881
Web site: www.medainc.org

MEDA is a nonprofit organization dedicated to alleviating the problems of anorexia, bulimia, and binge eating disorder. MEDA's mission is to use educational awareness and early detection methods to prevent the continued spread of eating disorders, and to serve as a support network and resource to individuals recovering from eating disorders.

Pennsylvania Educational Network for Eating Disorders (PENED)

7805 McKnight Road
Pittsburgh, Pennsylvania 15237
Telephone: (412) 366-9966
Web site: <http://trfn.clpgh.org/pened>

PENED is a nonprofit organization providing educational, supportive and referral services to the general public and professionals regarding the causes, treatment, and prevention of eating disorders. PENED publishes a quarterly newsletter; conducts outreach and educational programs for schools; provides professional training; organizes support groups; and conducts prevention programs and media interviews.

Eating Disorders Coalition for Research, Policy & Action

611 Pennsylvania Avenue SE #423
Washington, DC 20003-4303
Telephone: (202) 543-9570
Web site: www.eatingdisorderscoalition.org

The Coalition is a cooperative of professional and advocacy-based organizations committed to Federal advocacy on behalf of people with eating disorders, their families, and professionals working with these populations. This mission is to advance the Federal recognition of eating disorders as a public health priority. The Web site includes information on eating disorders for the general public.

International Eating Disorder Referral Organization

2923 Sandy Point, Suite 6
Del Mar, CA 92014-2052
Telephone: (858) 792-7463
Web site: www.edreferral.com

This organization provides information and treatment resources for all forms of eating disorders. Its goal is to provide assistance, in the form of information and resources, to those suffering with eating disorder to get them started on the road to recovery and healthy living.

Center for Media Literacy

3101 Ocean Park Boulevard, #200
Santa Monica, CA 90405
Telephone: (310) 581-0260
Web site: www.medialit.org

The Center for Media Literacy is dedicated to a new vision of literacy for the 21st century: the ability to communicate competently in all media forms—print and electronic—as well as to access, understand, analyze, and evaluate the powerful images, words, and sounds that make up contemporary mass media culture. Its Web site includes a comprehensive listing of books, videos, and teaching materials for K-12 classrooms.